FREE SAMPLE

The opening pages of

Life Story Interview Kit

Read these pages exactly as they appear in the full guide.
Nothing here is rewritten or summarised — it is the product itself,
so you can judge the depth before you spend a dollar.

The full guide: https://everready-family.com/product/ER-LSIK-001

EverReady Family — instant PDF download after checkout.



EVERREADY FAMILY

The Life Story Interview

Their story, in their own voice — captured before it's gone.

What it is

A guided kit for sitting down with an aging parent or grandparent and recording their life story — the history, the moments, the recollections only they can tell. It includes a 70-question interview bank, plain-English recording know-how, and an AI interview assistant that runs the camera, paces the questions, and files the finished recording like a careful producer.

Who it's for

Any family member who knows the time is short and wants the person's story kept — in hospice, in old age, or simply while they're still here to tell it. No experience needed, no fancy equipment.

How to use it

Read the quick-start card, pick your path — the laptop assistant or the phone on the table — and start with one question. Short sessions beat long ones. Their pace, not yours.

Ready for whatever comes.

everready-family.com

SAMPLE EXCERPT — full guide available at the link on the cover sheet

WHAT'S INSIDE

Your roadmap

Everything in this kit serves one job: get their voice recorded, well, before it's too late. Work it in any order — but start soon.

- **Quick-start card — page 3.** The whole kit on one page. If you read nothing else, read this.
- **Before you start — page 4.** Consent, timing, and where to sit. Five minutes that save the session.
- **Read the room — page 4.** How to interview someone you love: dignity first, their pace, silence is fine.
- **The 70 questions — pages 5–11.** Seven life eras, ten questions each. Pick what fits, skip what doesn't.
- **Recording guide — pages 12–14.** Phone-on-the-table audio, simple video setup, sound basics, the tired and the tears.
- **The AI interview assistant — pages 15–16.** One prompt and the laptop runs the session: checks, pacing, trimming, filing.
- **Recollections addendum — pages 17–19.** The family's half of the story: prompt cards, the grandkids' set, large-family mode for up to 50 contributors.
- **Library integration — pages 20–21.** How it all files into the family library so it's findable in fifty years.

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QUICK START

The whole kit on one page

1. Ask permission.

"I'd love to record some of your stories so we always have your voice. Would that be okay?" If they say no, respect it — the conversation still matters, it just stays between you.

2. Pick your path.

Laptop path: open the kit's interview-assistant.py and answer the one prompt — *"Ready to record the Life Story Interview?"* It checks the camera and mic, records a 5-second test clip, paces the questions, trims the setup fumbling, and files the result. **Phone path:** phone on the table, screen down, Do Not Disturb, voice recorder on.

3. Pick a good moment.

Mornings are usually best — rested, quiet house. Their chair, the kitchen table, the porch. Don't move them for the recording; the recording serves them.

4. Ask one question at a time.

Start with childhood — the easy ground. Follow the energy, not the list. "Tell me more about that" beats any scripted follow-up. Twenty good minutes beats a struggling hour.

5. File it the same day.

Name it *LastName-FirstName-YYYY-MM-DD-session1*, copy it to a second place, write one line about what you covered. Two copies, two places — a life story with one copy is a life story at risk.

The assistant's one prompt:

"Ready to record the Life Story Interview?"

That's the whole interface. It handles the equipment. Your job is to sit with them, ask, and listen.

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